

*Carol Rose Keppler, M.EI*

*Master Energy Intuitive*

What do we do as those called upon to help restore the human system (or even that of an animal) to health and wellness? The job, is much simplified once we can pinpoint a person's body type. Once a person's body type is discovered we can better predict how well that person will function in this 3-D world. First we need to understand that three basic elements needed for wellness have been identified by research physical, mental and emotional, we have taken the liberty of adding the psychological and spiritual elements because we have learned by watching those who have struggled with chronic health issues that unless all five elements are addressed, true wellness can be elusive.

So now we need to address the body types and there are four: **Strong, Compromised, HyperSensitive Person**, and the unrecognized **Zohar** body type

With a **Strong body type**, enjoyed by 90% of the planet, life flows quite well. Basically healthy, this group generally gives little thought to the "how" or "why". It does make one wonder how some people can ignore their health and rarely suffer serious consequences. But then we know the answer to that one – great genes!

Another 9% of the population deals with constitutions that are not as hardy for whatever reason, whether systemic toxins, electric overload, residual cellular memory from an accident, emotional trauma or (and most often now) chaotic electric overload. They get sick, hunt down the therapies to make themselves feel "better" and get on with their lives – until the next time.<sup>[1]</sup> These are the **Compromised**.

Over the years an interesting phenomenon has presented itself; a person here and there who, no matter what health therapy they try never seem, despite years of working on their health, able to regain wellness. We refer to them as **HyperSensitives** due to low cell hydration. According to Dr. Batmanghelidj, the *cells amp hydro-electric energy for self-repair*. No water? No repair. Dehydration comes not only for those who drink insufficient "free" (no flavor) water but also for those who have cell porosity issues. Once that problem is solved the *hyper* sensitivity normalizes to a *highly* sensitive person, a good place to be.

## The Zohar body type

The last type has a different system altogether. After seeing a definition of the term **Zohar** in the book, *Keys of Enoch: "Advanced physicals which have a purer energy body, or matter energy body, than the physical races of the single sun planetary system,"* we knew this described what we call the Zohar. Nothing we tried had made a whole lot of difference for them, or at least not for very long. It was then we decided to experiment with energy medicine. The reasoning was that because frequency formulas were water-base and non-allergenic, there was relief for the Zohars after the complexities of herbs, flower essences, homeopathics and who knows how many other remedies over the years that had either caused reactions, or not worked at all.

Not only does ill health plague this body type but we've heard tales of accidents, disastrous relationships and financial havoc. When asked they often admit to "all of the above".

In 2005 we came upon a book written by Elaine Aaron, Ph.D., *The Highly Sensitive Person*. After speaking to Dr. Aaron by phone about this phenomenon, which she had researched because she, herself, is what she terms a Highly Sensitive Person, she said she felt she was healthy because as an HSP she was "able to recognize illness early enough to prevent full-blown health challenges." Three other Zohar subsets have been discovered through intuited research: **the super gifted and talented** (Einstein, Beethoven, DaVinci, Tesla, Steven Hawking and Emanuel Swedenborg); **many autistics**; and some of the best known **psychics** (James Van Praagh, John Edwards, Sylvia Browne).

Another commonality all four of these subsets have been intuited to have is an "open" or "damaged" *brain's auric shield (BAS) caused by an emotionally traumatic event, is in every case of Zohar Body Type the birth experience, with their knowingness that this, their eighth incarnation would be duplicating past difficult incarnations. The shield was intuited to be the protection of human beings from interference in their lives by earthbound spirits*". [\[2\]](#)

Because of their access to information from the "other side" these *hypersensitives* find challenges daily because by the level of social anxiety they experience; Empaths often find themselves in much the same situation. The brilliant scientist or artist, lost in his work, often finds it difficult to connect with society except through his works.

Through the struggles of the Zohars we've literally learned a book full. Zohars have been called "needy", "unresponsive", "incurable". However coming upon our radar screen around 1999 was their *unbeatable* determination to be well. They have had many lifetimes of early deaths and suicides according to Luella Reid-Earley, herself Zohar and Energy Intuitive on the east coast. We fully understand why some would decide to leave, for who would want to live like this?

The more we learned about the *Zohar being of light*, the better we understood the block walls we kept hitting in finding answers, not only in regard to their health but often every aspect of their lives seemed aborted by what seemed to us a "dark energy".

Much of the following information on the Zohar Body Type has been intuited and confirmed through dowsing and kinesiology:

1. On "assignment (rather than a volunteer)" through seven past incarnations (Atlantis, Lemuria, Egyptian, Aztec, Mayan, Renaissance, the American Indian), *to power the healing of the planet*
2. Systemic unwellness due to the much more subtle electrical system of other star systems and therefore unusual sensitivities to many elements of this planet.
3. Emotional trauma at birth causing damage to the Brain's Auric Shield (BAS), ("–1" on a scale of –10 to +10 or better). Many claim to "remember" resisting birth.
4. With a BAS no longer intact, came the opening for "interfering spirits"[\[3\]](#) keeping Zohars in a "survival mode" over many lifetimes never able to totally fulfill their Soul's Purpose although each seems intent to do so.
5. An open BAS gives them privileged information from "the other side" through guides of divine origin (inventions, music, art, scientific discoveries, writings)[\[4\]](#)

Because of the quantum nature of energy medicine (the new bioenergetics), we have been fortunate to be able to find literally thousands of the subtle frequencies needed for the cellular cleansing and subsequent repair/regeneration of the Zohar's electrically challenged system/body. We are committed to their wellness and with two decades of research behind us feel that we are close to reaching our goal with these subtle frequency formulas.

As for the many Zohars who have been involved in this project, we recognize their dedication to wellness as a powerful first step in the healing of the planet. We're proud to have been chosen to be part of this remarkable journey, and pray that what certainly appears to be a Master Plan, will soon be fulfilled.

- 
1. Carol Keppler, M.El, *The 90/10 Rule or No Wonder I Can't Get Well* [↵](#)
  2. Carol Keppler, M.El, *Psychic Sheath Damage: the Highs and the Lows* [↵](#)
  3. Wilson VanDusen, MD, *The Presence of Spirits in Madness* [↵](#)
  4. *ibid.* [↵](#)