

Third Body Type Discovered: The Hypersensitive Constitution

by Carol Keppler, M.EI

Master Energy Intuitive

Over the past few years an interesting phenomenon has presented itself, the person who, no matter what health therapy used and despite sometimes years of working on health issues, never responds. We believed them to be “sensitives” and decided they must be environmentally ill – true in a few cases but not all.

We already had discovered two body types, the *strong body type* enjoyed by 90% of the population and the *compromised body type* with constitutions not as hardy¹. But this was very different. When we first met Pat, I did an intuited energy scan to discover any blocks in her cellular energy. I was sure we could help her – no problem. For years she had tried dozens of doctors, then natural therapies when the drugs and eleven surgeries failed to get her well and in fact she said, they actually had made her worse! (surprise, surprise). The truth was, no one had been able to find the “root cause” of her misery. She joked about it, telling us that she wanted written on her tombstone, “See, I told you I was sick!”

It soon became obvious that we had a third body type – a person who never feels well even after a lifetime of organic eating. Like Nancy who said she’s eaten “organic” for forty years!. Or Chris and her three young sons, who should be the healthiest family on the east coast, yet they’ve been struggling forever with ill health.

We needed a name for this long-suffering group that physicians and therapists were dubbing “hypochondriacs”, and we found it in a very unlikely place, a book which is now out of print, *Keys of Enoch*. It was a definition for “Zohar beings” that helped us understand the unique problems that were at least partially due to a hypersensitive system. “*Advanced physicals, which have a purer energy body, or matter energy body than the physical races of the single sun planetary system*”.² We ultimately decided to experiment with energy medicine, frequency formulas which were water-based and non-allergenic, a relief for the Zohars after the complications they had experienced when using herbs, flower essences, homeopathies and who knows how many other remedies. Over the years, anything and everything they had tried had caused reactions – or not worked at all! Now at least we had a working definition.

In 2005 we came upon another book, this one written by Elaine Aron, Ph.D., *The Highly Sensitive Person* who has a network of HSPs worldwide. I talked with Dr. Aron by phone about this phenomenon, which

she had researched because she, herself, was what she terms a *Highly Sensitive Person*. This was obviously another level of Zohar, the *highly sensitive, basically healthy body type* whose sensitivity causes shyness and other societal malfunctions. Through intuited research three other Zohar subsets have been discovered: the **super gifted and talented** (Einstein, Beethoven, DaVinci, Tesla and Emanuel Swedenborg), the non-verbal **autistic** and some of the best-known **psychics** (James Van Praagh, John Edwards, Sylvia Browne).

Zohars have some other commonalities; not only does ill health plague them but we've heard stories of accidents, disastrous relationships and financial havoc. When asked they often admit to "all the above". We've also noted an open or damaged "psychic sheath", which in every case was caused (intuited research told us) by a traumatic birth experience. One of the functions of the sheath was "*the protection of human beings from interference in their lives by earthbound spirits*".

Because of their access to information from the "other side" Zohars may experience daily challenges of "mind chatter" or worse, thoughts and feelings not their own. The autistic child subset may be self-absorbed with an inner world of which we are unaware. The super gifted and talented subset is another story. They often find themselves in much the same situation; brilliant scientists or artists, lost in their work may find it difficult to connect with society because they are caught in an amazing stream of information from the "other side". Psychics obviously fall into this category as they read the future, the past or present to the delight of many and a boding fear to others. Although there will always be naysayers, intuited research once again confirms that true psychics are Zohars who have an "open" psychic sheath and angel guides to retrieve information that could not otherwise be known.

Can others than Zohars have "open" psychic sheaths? Absolutely! Anyone who is having thoughts, feelings or emotions that seem not their own could have damage caused by the same things that play havoc with the immune system (Repair Loop): body or emotional trauma, synthetic toxins or chaotic electric overload.⁴

Through the struggles of the Zohars we've literally learned a book full. Coming upon our radar screen around 1999, their determination to be well is unbeatable although they have been called "incurable", "unresponsive" and "needy". According to Zohar intuitive Luella Reid-Earley, a brilliant and well respected intuitive and healer from the east coast, we've learned that Zohars have had many lifetimes of early deaths and suicides. It's easy to understand why some would decide to leave. Who would want to live like this?

The more we learned about the *Zohar beings of light*, the better we understood the block walls we kept hitting in finding answers, not only in regard to their health but every other aspect of their lives. Like Linus of “Peanuts” fame, a dark cloud seemed to encompass their lives. It’s interesting to note here that so many of them believe they have a special soul’s purpose which they haven’t been able to accomplish because of interference that has forced them into a survival mode and for many, a mere existence.

Because of the quantum nature of energy medicine, we have been fortunate to be able to find literally hundreds of the frequencies needed for another level of cellular cleansing for subsequent repair/regeneration of the hypersensitive Zohar body.

As for the many Zohars who have been involved in this project, we recognize their dedication to wellness as a powerful first step in the healing of the planet. We’re so proud to be part of this remarkable journey, and pray that what certainly appears to be a Master Plan, will soon be fulfilled.

1 Carol Keppler, “The 90/10 Rule or No Wonder I Can’t Get Well!”

2 J.J. Hurtak, Ph.D., *The Keys of Enoch: The Book of Knowledge*

3 Carol Keppler, “Psychic Sheath Damage: Experiencing Demons or Angels”

4 George Ritchie, MD, *Return from Tomorrow*

5 Carol Keppler, “Immune Breakthrough: the Ten-part Repair Loop”
