

Are Your Meds Poisoning You?

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If you are a person who has been concerned with your health and have spent the time, effort and money to get yourself healthy naturally you are in the minority. Most of our society has given away their power to others expecting someone else to get them well. Many come to the Center after years of medications used to keep an illness under control, with little understanding of the negative side-effects pharmaceuticals can have on the human body.

1. All drugs are toxic to the human body at some level.
2. Toxins accumulate over time at the cellular level.
3. The organs most often affected are liver, kidneys, heart, and the central nervous system. You now have not one problem but two, three—or more!
4. Once the body is cleansed and meds are still being used, overdosing will happen, generally, within seven days with symptoms of poisoning (rash, digestive problems, gastro intestinal problems, fatigue, diarrhea, headaches, etc).
5. Meds need to be weaned off by your doctor. While on medications and until weaned off, the body needs to be de-toxed daily to prevent overdosing by a system in a rebuilding mode.

What can happen if the system is in an anabolic or repair process and meds are continued to the same degree without taking into consideration the natural results of such a regime? *The Pill Book* or *PDR / Physician's Desk Reference* gives overdose symptoms of overdose for all drugs. *Read it for your own safety!* Here are four recent cases of drug overdose after a cleansing program impacted health.

1. Susan, in her 60's, was clean and off all her meds. A bladder infection was diagnosed by a doctor—and meds. Soon Susie also had high blood pressure and more meds. She admitted she did the meds because she was afraid not to. After a 7-day cleanse all her symptoms disappeared and she was taken off all meds.
2. Evelyn, at 79, had over a period of 6 years been diligent in de-toxing her body. But she had never talked to her doctor about weaning of her medication. We had discussed her use of a de-toxifying formula to clear any toxins from the meds while she was getting off. Over a period of time she began experiencing equilibrium problems and she started using a walker. It

only took a short time before her sense of balance returned and she now realizes the importance of not using drugs once the body is clean.

3. William, at 97, fell and fractured his hip. Because he had been on a health path using energy medicine for the last 10 years, he healed quickly after minimal surgery. The worst part upon coming home was urinary incontinence due to medications damaging the sphincter muscle of the bladder. De-toxing the meds allowed the body to repair and the incontinence to clear.
4. Connie has used natural means to clear her health challenges and was on no meds when she felt the need to bolster her adrenals against some new stresses in her life. She found she had an old prescription for adrenals and used a quarter dose for several days. The results were disastrous to her cleansed system. It took Connie weeks to clear the med toxins and get her system back to normal.

Interesting to note that the *symptoms for overdose can be identical to those for insufficient medication*. Therefore medical personnel can easily misinterpret overdose symptoms calling for more medications. The symptoms for poisoning are: