

# **Your Amazing Cells: The Secret for Keeping Them Alive And Well!**

*by Carol Keppler, M.EI*

*Master Energy Intuitive*

If Dr. Fritz Albert Popp is correct in his definition of "life" we're in deep trouble. Dr. Popp who did scientific research in the area of quantum physics and nutrition, said the food we eat to live must add "light" (in the form of biophotons) to the human bio-energetic systems and DNA structure for repair and sustenance.

He went on to explain that it should be food that is "organic, unprocessed and free of contamination". Since Dr. Popp lived before the age of irradiation and genetically modified organisms (GMOs), he probably was thinking molds and parasite contamination. Oh, but we have that under control with irradiation and GMOs; it's just unfortunate these processes damage the biophotons of live foods making them incapable of energizing anything!

The result of "science playing God", say the savvy physicians and scientists with whom we've spoken, is the eventuality of cell damage at best and death at the very worst by being fed processed foods from boxes, cans and jars, "junk" foods, that look and taste so good we can't stop eating them, or "fake" foods, those that look "real" but are not. It may be that the plant's natural biophotonic energy, through the process of irradiation, is made incapable of connecting with the mitochondrial tiny powerhouse in each of our 75 trillion cells.<sup>1</sup> This cellular powerhouse uses sun-derived energy not only to power the human system but for repair and regeneration.<sup>2</sup>

## ***Genetically Altered Food in Your Local Market***

Don't we assume that the fruits and vegetables we see at our local supermarkets are "live"? The problem is that most of the produce is treated with irradiation to give it longer shelf life so it won't sprout or rot. The sad reality is that the human digestive system may also be incapable of breaking these down. In fact, cooking often is unable to break down the plant cell structure making your sweet potato or beautiful-to-look-at bunch of broccoli take much much much more cooking time to soften for eating. Have you noticed?

So let's go back and look at the GMOs in your favorite supermarket. Sometimes referred to as genetically engineered or bio-tech foods and by some of us as " Frankenfoods", genetically altered foods have been available since the 1990s. The first experiments were with herbicide-tolerant soy beans and maize,

canola and cottonseed oil as scientists began programming "novel" genetic traits into an organism's genome to cause both new and useful traits.<sup>3</sup>

The FlavrSavr® tomato was the first commercially grown food crop adding a gene to make it resistant to rotting. The FDA approved its sale in 1992 on the basis that it was in fact a tomato, not constituting a health hazard and therefore did not need special labeling.

Consistently consumer research indicates that US consumers would prefer not to buy or consume genetically altered foods and are asking for labeling. However the FDA believes the consumer would make the "wrong choices" if given the GMO labeling and refuse to buy. The FDA therefore contends the labels would be "false" and misleading information. R-I-G-H-T...

They maintain that genetically engineered foods have the same sensory characteristics as "natural" foods and therefore they have granted them a certificate of equivalency. No safety testing is required by the FDA, which depends solely on the company marketing the GM food.

Do we know all the foods that have been altered and that we may be eating now? If you are using your 99% intuited sense you have a fighting chance of finding real, live foods (i.e. packed with bioenergetic frequencies). No labeling will be forthcoming in the near future to help us make the decisions that are destined to affect our family's health and longevity-our very lives.

"Somebody has to do something" and Dr. Rima Laibow, MD of Natural Solutions Foundations is a powerful "somebody". Dr. Laibow stays on top of our health freedom issues and we can help by donating to her foundation at [naturalsolution@optonline.net](mailto:naturalsolution@optonline.net).

1. Gabriel Cousens, M.D. Spiritual Nutrition
2. Carol Keppler, BS, Ed., intuited research
3. Wikipedia online encyclopedia