

# Your Brain is Fixable!

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The brain and its importance in living a good life is a given. But there are many who struggle to survive in a society where it's brain power that puts one at the top of the ladder. Here are some of the issues that are of concern. To date we are still without solid evidence of "cure" (reversal of symptoms) for most of them.

1. Developmental delays
2. Post Traumatic Stress Disorder (PTSD)
3. Traumatic Brain Injury (TBI)
4. Alzheimers Disorder
5. Dementia and senility
6. Autism
7. Suicidal tendencies
8. Amygdala malfunction
9. Iatrogenic damage (doctor caused)
10. "Brain fog"

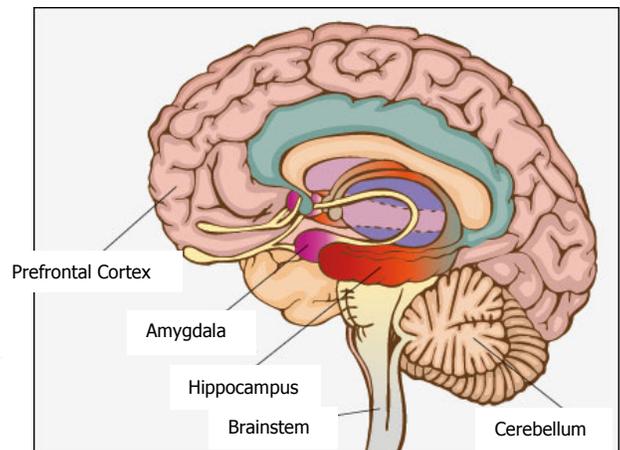
With the new HydroNoetics hope abounds. The brain repairs like all other parts of body, and the AltWaters System is ready to be examined as an all-natural alternative to drugs, therapies and surgery.

## Pay attention to your Amygdala...

The brain's amygdala is a missing piece of the wellness puzzle. A funny name of a tiny almond- shaped piece of grey matter tucked away deep in the center of the brain that makes you everybody's best friend with a rich and varied social life.

At the opposite end of the spectrum we find<sup>1</sup>

1. fear, anxiety and panic
2. faulty decision making
3. poor social skills
4. lack of caution and inability to recognize danger
5. cognitive and behavioral problems
6. violence and aggression



Most of us were born with a healthy amygdala but somewhere along the path of childhood and adulthood there we're circumstances that damaged this sensitive piece of the brain, sometimes to the point of total loss of function. This *storehouse of traumatic emotions* is implicated at some level with most brain issues.

Malfunction (or total non-function) may originate with physical or sexual abuse or assault; exposure to a life-threatening accident or natural disaster. Although there may be no physical injury to the brain, there will be changes in the way the brain works. The brain goes into a survival mode, on the defensive/negativity with re-active behavior, impulsivity and hyper-vigilance. It's a fight or flight response to a fearful world— a matter of survival.<sup>2</sup>

It can happen during a difficult birth or an incident of elder abuse. The change may be instantly noticeable or come on slowly. But the quality of life is never the same, be it a child, adult— or animal.

Ten years after 911, those who were there in the midst of the horror of buildings collapsing, smoke and fire say they have never fully recovered from the terror of it all. Hurricane Sandy that demolished much of the east coast in 2012 also left a trail of broken people behind.

A grief-stricken mother of a newborn wept over her baby when she learned the death of her own mother was kept from her until after the birth. And Jennifer, now 70, has battled an unknown monster her entire life. Those who have a damaged amygdala or non-functioning ones like Jennifer, share a litany of difficulties, emotionally debilitating. We hear the anguish of ill health, emotional instability, a life of failures, rocky relationships, no friends, self-doubt, distrust of even God— and on and on. The suffering is often too much to bear and “taking the bridge” seems the only way out of the misery as “Ellen” said.

Even animals are changed after suffering abuse, neglect, abandonment and the same disaster as their masters. At the rescue facility you seldom see them cowering at the back of their cage. They growl and bark at strangers— or wet on carpets— and get punished again. And again.

There are psychologists for the people and animal communicators for the dogs, cats and horses— and lots of time and expense to do the repairs *if possible*. If not— drugs to mask the symptoms are always the last ditch attempt to feel (appear) “normal”.

A recent breakthrough using hydronoetics to repair or in some cases regenerate the amygdala is available for both people and their pets. We’ve witnessed total turnarounds within weeks with water-based formulas programmed with the signatures of thousands of herbs and other “naturals”, opening up a world of hope for those who have discovered this new energy medicine.

#### References

1. Hijacked by your brain.com
2. ibid