

Intuition: our birthright

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James Van Praagh, John Edwards and Sylvia Browne led the way. But since the introduction in prime time television of “The Medium”, we have seen an amazing surge in acceptance of what not long ago would have been looked upon by many as “evil” or, at the very least, “frightening”. Some dismiss the ability to *see, hear* or *know* things in the past or future, in other words being “psychic”, as New Age “woo woo”.

Now those of us who call ourselves “intuitives” find ourselves basking in a glow of understanding that we have never experienced before. As we do our intuitive work in the context of alternative health therapies we are ever grateful to the ground breakers, Carolyn Myss, Ph.D., Judith Orloff, M.D. and Caroline Sutherland, well known as medical intuitives through their books and public appearances.

Some say it’s a gift to be able to tune into a subject’s energy field but as an educator I became aware early on that it could be taught. And in fact I believe it’s our *birthright as human beings*. Animals have instincts – we have intuition!

Just recently I taught a group of doctors and nurses (and one quantum physicist) who were getting intuited answers after the first day of a three-day professional intensive. Of course there were some prerequisites but none of this group had ever done intuitive work before. Didn’t I say it was easy?

In reality, our intuition is one of our most important senses. Intuition allows us to live a multi-dimensional life as opposed to the linear life of much of the population. Now *you can know* the best doctor, mechanic, lawyer or refrigeration repair person – guaranteed. You can choose a house or car with lots less stress. And you’re only a few questions away from finding your soul mate. Intuition can even be used for such ordinary things such as shopping for groceries because more and more produce, for instance, is irradiated and devoid of nutrition. How else would you know if not through intuition?

An energy intuitive can do a quick scan in just a few minutes that can not only help one live a healthier life, but a longer one! *Energy fields* are easily read to find blocks to wellness, then the frequencies pinpointed to discover what is needed to neutralize those blocks. This is definitely the basis of future medicine.

So what exactly is “intuition”? What we do know is that we can access information that could not be otherwise known, and do it quickly, easily and accurately by tuning into “source”. Intuition is an *instinctive knowing without logical reasoning*. Many do it without realizing it. It is our *birthright* and yes, it can be taught.